

Senior & Disability Services | October 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 White Bean Chicken Chili Spinach Strata Broccoli Confetti Coleslaw White Dinner Roll Gelatin Jewels w/Whipped Topping	4 Chicken Pastina Beef Tamale Pie Green Beans Tossed Salad Rye Bran Roll Caramel Apple Pudding	5 Beef Rigatoni Bake Western Pork Stew Lima Beans Garden Vegetable Salad Seven Grain Roll Peach Cobbler	6 Herbed Chicken Patty w/Gravy BBQ Smokehouse Chop Scalloped Potatoes Scandinavian Vegetable Blend Sunflower Seed Bread Seasonal Fresh Fruit	7 Turkey Divan Bake Chicken Lo Mein Kyoto Vegetable Blend Asian Coleslaw Cracked Wheat Roll Hermit Bar
10 HS Turkey Patty w/Gravy Swiss Style Patty w/Sauce Delmonico Potatoes Brussels Sprouts Potato Bread Chocolate Chip Bar	11 Tuna Salad Half Sandwich Egg Salad Half Sandwich Minestrone Soup Kidney Bean Salad Wheat Bread Diced Pears	12 Chicken Tetrazzini Beef Spanish Rice Glazed Carrots Tossed Salad Multigrain Roll Ice Cream	13 Country Meatballs w/Gravy Creole Breaded Chicken Lyonnaise Potatoes Peas & Carrots French Bread Chocolate Pudding	14 Chicken Rice Bake Spaghetti w/Meat Sauce Italian Vegetable Blend Tossed Salad Garlic Roll Applesauce Gingerbread
17 Turkey A La King Beef Stroganoff Whipped Potatoes Dilled Carrots Seven Grain Bread Chocolate Oatmeal Bar	18 Orange Glazed Chicken Western Breaded Beef Steak w/Gravy Delmonico Potatoes Mixed Vegetable Blend Garlic Bread Rocky Road Pudding	19 Beef Mushroom Patty HS Pork Patty w/Gravy Whipped Potatoes Brussels Sprouts French Bread Lime Whip	20 Shaved Turkey Half Sandwich Chicken Salad Half Sandwich Green Split Pea Soup Apple Cranberry Coleslaw Wheat Bread Mandarin Oranges	21 Furlough Day
24 Lasagna Roll Up in Marinara Sauce King Ranch Chicken Bake Italian Vegetable Blend Corn Salad Whole Wheat Roll Snickerdoodle Bar	25 Bavarian Stew Chicken & Noodles Scandinavian Vegetable Blend Marinated Zucchini Salad Oat Bran Roll Seasonal Fresh Fruit	26 Garden Chicken Mini Salad Turkey Pasta Salad over Spinach Romaine Salad Potato Onion Soup Rye Bran Roll Diced Peaches	27 Swedish Meatballs w/Gravy Roast Pork w/Gravy Whipped Sweet Potatoes Lima Beans Squash Bread Grace's Chocolate Bar	28 Beef w/Gravy/Peppers Roasted Turkey w/Gravy Whipped Potatoes Capri Vegetables Cracked Wheat Bread Red Devil Beet Cake
31 Chicken w/Paprika Cream Sauce Liver & Onions w/Gravy Garlic Whipped Potatoes Succotash Squash Bread Pumpkin Bar	Suggested Donation: \$3.00 per Meal (Dining Room) \$3.00 per Meal (MOW) 1% Milk Served w/All Meals	ALLERGEN DISCLAIMER: Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply chain.		