




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">SENIOR & DISABILITIES SERVICES</p> <p align="center">JANUARY 2019</p>	<p align="center"><u>Closed for the Holiday</u></p>  <p align="right">1</p>	<p align="center"><u>New Year's Special</u></p> <p>Lima Beans & Turkey Ham or <u>Pasta Primavera</u></p> <p>Spinach Carrot Raisin Salad Oatmeal Roll Applesauce Gingerbread</p> <p align="right">2</p>	<p>Chicken Spaghetti or <u>Beef Enchilada Bake</u></p> <p>Mixed Vegetables Tossed Salad Whole Wheat Roll Lemon Pudding</p> <p align="right">3</p>	<p>Turkey Pasta Salad or <u>Garden Chicken Mini Salad</u></p> <p>over Spinach Romaine Sausage & Kale Soup Herb Roll Mandarin Oranges</p> <p align="right">4</p>
<p><u>Chicken Tetrizzini or Beef Cabbage Bake</u></p> <p>Glazed Carrots Marinated Broccoli Salad French Roll Rice Pudding</p> <p align="right">7</p>	<p><u>Cowboy Campfire Stew or Turkey Pot Pie</u></p> <p>over Biscuit Green Beans Spinach Romaine Salad Butterscotch Bar</p> <p align="right">8</p>	<p>Turkey Salad Sndwch Half or <u>Egg Salad Sndwch Half</u></p> <p>Cream of Broccoli Soup Coleslaw Wheat Bread Pineapple</p> <p align="right">9</p>	<p><u>Beef Stew or Turkey Alfredo Bake</u></p> <p>Green Peas Garden Vegetable Salad Herb Roll Spiced Applesauce</p> <p align="right">10</p>	<p><u>Herbed Chkn Patty w/Gvy or Meatloaf w/Gravy</u></p> <p>Lyonnaise Potatoes Herbed Carrots Rye Bread Pear Cobbler</p> <p align="right">11</p>
<p><u>Italian Sausage Sandwich or Chicken Parmesan</u></p> <p>Italian Blend Vegetables German Potato Salad French Roll Seasonal Fresh Fruit</p> <p align="right">14</p>	<p><u>Turkey Divan Bake or Chkn & Lentil Santa Fe Bk</u></p> <p>Green Peas Pickled Beets Dill Roll Orange Whip</p> <p align="right">15</p>	<p align="center"><u>Brunch Lunch Special</u></p> <p><u>Spinach Strata or Pork Sausage Gravy</u></p> <p>over Biscuit Broccoli Romaine Iceberg Salad Coffee Cake</p> <p align="right">16</p>	<p><u>Shoyu Chicken or Breaded Fish w/Tartar Sc</u></p> <p>Brown Rice Pilaf Oregon Bean Medley Cornmeal Bread Tiramisu Cake</p> <p align="right">17</p>	<p align="center"><u>Furlough Day</u></p>  <p align="right">18</p>
<p align="center"><u>Closed for the Holiday</u></p>  <p align="right">21</p>	<p><u>Southwest Chicken or Beef Cntry Fried Steak/Gvy</u></p> <p>Whipped Potatoes Capri Blend Vegetables Wheat Bread Peaches</p> <p align="right">22</p>	<p><u>Pork Choppie w/Gravy or Cheese Omelet w/ Western Cheese Sauce</u></p> <p>Parslied Potatoes Country Trio Vegetables Oatmeal Roll Butterscotch Pudding</p> <p align="right">23</p>	<p><u>Meatloaf Sandwich Half or Shvd Turkey Sndwch Half</u></p> <p>on Wheat Bread Dijonnaise Sauce Lentil Soup Potato Salad Pears</p> <p align="right">24</p>	<p><u>Turkey Apple Meatballs w/Cider Glaze or Sliced Ham w/Mustard Sc</u></p> <p>Delmonico Potatoes Spinach Romaine Salad Cornmeal Roll Zucchini Brownie</p> <p align="right">25</p>
<p><u>BBQ Chicken or Liver & Onions w/Gravy</u></p> <p>Chantilly Potatoes California Blend Vegetables Onion Bread Gelatin Jewels w/Whip Top</p> <p align="right">28</p>	<p><u>Hearty Chicken Stew or Beef Spanish Rice Bake</u></p> <p>Oregon Bean Medley Coleslaw Rye Bran Roll Chocolate Pudding</p> <p align="right">29</p>	<p><u>Chicken Pomodoro or Shepherd's Pie</u></p> <p>Broccoli Spinach Romaine Salad Multigrain Roll Golden Fruit Cup</p> <p align="right">30</p>	<p><u>Sweet & Sour Pork w/Brown Rice or Chicken Lo Mein</u></p> <p>Oriental Blend Vegetables Garden Vegetable Salad Cracked Wheat Roll Pear Cobbler</p> <p align="right">31</p>	<p align="center">Suggested Donation: \$3.00 per meal (Dining Room) \$3.00 per meal (MOW) 1% Milk served with all meals</p>